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Dear Professional Applicant:

Congratulations on having taken the first step towards obtaining your RCRT (Registered Canadian Reflexology Therapist) designation. As soon as you meet the requirements for Professional membership and have paid your membership fee, you will be eligible to join the Continuing Education programme and immediately receive your Diploma and RCRT pin. This will identify you as a true professional reflexology therapist across Canada and internationally and will demonstrate your commitment to the profession and to the highest possible standards of practice. Membership in RAC confirms the Therapist's credibility to the public by assuring them those members meet a high level of competency through a professional level of training, the Diploma and the RCRT designation and that the Therapist is working within the framework of a professional Code of Conduct and Ethics.

The Reflexology Association of Canada was founded in 1976 and its purpose and mission is to unify Reflexologists in professional programs and services.

The Association

- Sets standards of conduct and practice for member Reflexology Therapists
- Publishes the Canadian Journal of Reflexology containing articles, reports, RAC information and research
- Holds an annual AGM and biennial conference, regional professional development seminars, workshops and upgrade programs for its members.
- Member Reflexology Therapists are registered on an electronic database that allows the public to find a RAC Reflexology Therapist anywhere in Canada.
- Maintains links and contacts with other organizations at both the national and international level and is continuously monitoring the developments in the field of Reflexology to keep its members fully informed of any issues concerning the profession.
- Membership in the Association provides an opportunity for Reflexology Therapists to have a voice in the development of their profession.
- Has access to provincial chapters to provide support for members
- Promotes public awareness through national advertising, website, publicity, representation at a variety of events and provides member access to promotional material

RAC Professional Memberships are open to certified Therapists of Reflexology who have trained on courses, which meet required standards of training and practical skills. Membership in the Association is open to individuals and organizations that further the objectives of the Association. The following descriptions apply:

Professional Membership is for those individuals who are certified, actively practicing, and who have obtained liability insurance for their practice. They are required to abide by the RAC bylaws, Member Code of Conduct, Professional Standards of Practice, have voting privileges, may serve on committees and the Board and are eligible for all membership programs, benefits and services. Upon qualifying, Professional

Members are entitled to use the designated letters RCRT (Registered Canadian Reflexology Therapist) after their names. In order to maintain your RCRT status, you will be required to join the CEU program (Continuing Education Units). Please see documentation included in this package. RAC is dedicated to actively pursuing recognition from Insurance Providers and other regulating bodies that would further promote the profession of reflexology and therefore **all Professional practicing members must be fully insured to practice on the public and show proof of such.**

Application Eligibility

To be eligible to apply for Professional Membership your Reflexology Training Course must be delivered to the level of professional standards set by the Association. Training must meet the approximate equivalency of RAC Training Standards to include 35 in class hours of training, 15 hours of home study/assignments, 60 outside client case Studies for a total of 110 hours of Training. Instructors of that course must meet certain criteria to instruct a Reflexology Certification course (this information is contained within a separate Document specifically for organizations). For those who are certified but equivalency is not met, RAC can provide the option of a Challenge Exam. Please contact RAC Head Office for this information.

How to Proceed – Application for Individual Professional:membership

Complete and submit

- The application for Professional Membership.
- The documentation required on the Application for Confirmation of RAC Professional Standards Form. Please include all of your course requirements and submit your course outline document.
- Code of Conduct and Ethics with signature of agreement.
- Proof of Liability Insurance

The Next Step

You may then return the completed forms and enclosures together with one cheque for the non-refundable **processing fee of \$75.00 (+ HST/GST).**

Your application will be screened to ensure that it can proceed. Should your application not be accepted, RAC will notify you of the reasons along with options you can consider.

All required outstanding documentation must be submitted within 2 months from the date of the RAC notification to the applicant of any outstanding documentation. If the required documentation is not received within the proscribed time period, the application will be considered lapsed and a new application will be required. If you are accepted and you have been assessed and approved in all areas, you will receive confirmation of your Membership Status and your invitation to join the CEU and RCRT programme.

Reflexology Association of Canada